



**We are not affiliated with any product, service, or opinion offered by any outside organization due to our longstanding tradition of non-endorsement. Business names are provided solely to help you find the meeting location.**

Current as of March 3, 2026

## Meeting Schedule

### Monday

**Monday Night Solutions 7:00 PM**

The Spot  
12608 S 125 W Ste D. Draper UT 84020

**Right Way Sober (Open H&I) 7:00 PM**

Right Way Sober Living  
1027 E 800 N, Orem, UT 84097

### Tuesday

**Timp Rock 8:00 PM**

Cirque Lodge  
777 N. Palisades Dr. Orem, UT  
84097

**Frosted Flakes 8:00 PM**

Alano Club  
5056 S. Commerce Dr. (300 West)  
Murray, UT 84107

### Wednesday

**Hope Inside (Open H&I) 6:00 PM**

Brighton Sober Living & Community Center  
4905 S 900 E, Murray, UT 84117

**Girls Gone Sober 7:00 PM**

The Spot (Women's Meeting)  
12608 S 125 W Ste D. Draper UT 84020

### Thursday

**Cocanots 8:05 PM**

Alano Club  
5056 S. Commerce Dr. (300 West)  
Murray, UT 84107

**The 1860 Meeting of CA 8:00 PM**

Utah Valley Alano Club  
875 W. 1850 N. Provo, UT 84604

### Friday

**Rock Hard 7:00 PM**

Community Rec Center  
615 S. 300 E. Salt Lake City UT 84111

**Friday Night Few 7:00 PM**

U.S.A.R.A.  
893 24th. St., Unit A. Ogden, UT 84401

**8:30 PM**

Alano Club  
5056 S. Commerce Dr. (300 West)  
Murray, UT 84107

### Saturday

**12 Crack Commandments Noon**

South Davis Recovery Club  
220 W. Center Street  
Bountiful, UT 84010

**All Cache No Frunts 8:30 PM**

The Recovery Cafe  
124 S 600 W, Logan, UT 84321

**Menace II Sobriety 9:00 PM**

Alano Club  
5056 S. Commerce Dr. (300 West)  
Murray, UT 84107

**Big Book Study 10:30 AM**

Fellowship Hall  
2026 Windsor St,  
Salt Lake City, UT 84105

**Winners 7:00 PM**

The Spot  
12608 S 125 W ste D. Draper UT 84020

**Pinky & the Brain (Open H&I) 7:00 PM**

The Haven (Men's Residential)  
1875 W. 9000 S. Sandy, UT 84070

**All meetings in the schedule are 'open' unless otherwise stated.**